

# EFC NEW PATIENT PAPERWORK

Today's Date: \_\_\_ / \_\_\_ / \_\_\_

## Patient Demographic

Legal Name: \_\_\_\_\_ Preferred Name: \_\_\_\_\_ Birth Date: \_\_\_ - \_\_\_ - \_\_\_

Age: \_\_\_ Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Mobile: (\_\_\_) \_\_\_ - \_\_\_

Sex: M F Other Marital Status: Single Married Divorced Widow

Spouse's Name: \_\_\_\_\_ Number of Children: \_\_\_\_\_ Ages: \_\_\_\_\_

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_ How Long? \_\_\_\_\_

Who may we thank for referring you? \_\_\_\_\_

Have you ever had chiropractic care before? Y N if so Whom? \_\_\_\_\_ How long? \_\_\_\_\_

How long under care \_\_\_\_\_

Emergency contact (Name, Relation, number) \_\_\_\_\_

## Current Problem

The reason for this visit is the result of (Please Circle): New Injury Chronic Auto Work Sports Other: \_\_\_\_\_

If accident related, has the injury been reported? Y N N/A To Whom: \_\_\_\_\_

Please identify the condition (s) that brought you to this office: Primary: \_\_\_\_\_

Secondary: \_\_\_\_\_ Third: \_\_\_\_\_ Fourth: \_\_\_\_\_

Please circle the number that best describes you pain level: 0= no pain 10= worst pain imaginable

Primary or chief complaint: 0 1 2 3 4 5 6 7 8 9 10

Secondary: 0 1 2 3 4 5 6 7 8 9 10

Third: 0 1 2 3 4 5 6 7 8 9 10

Fourth: 0 1 2 3 4 5 6 7 8 9 10

When did problem begin? \_\_\_\_\_ How did it happen? \_\_\_\_\_

When is the problem the worse? AM or PM What relieves your symptoms? \_\_\_\_\_

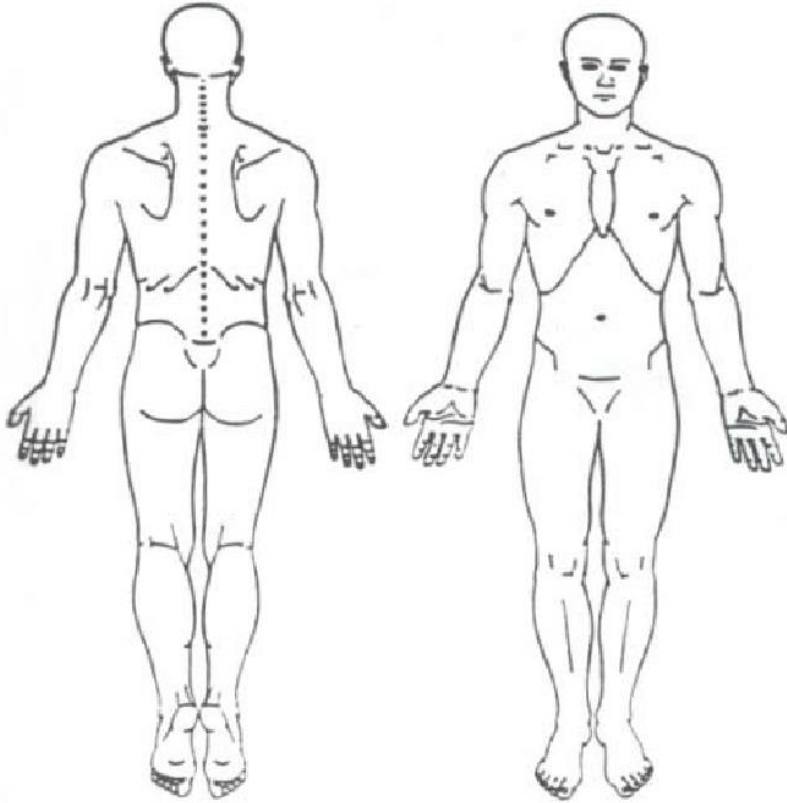
What makes it worse? \_\_\_\_\_ How long does it last? \_\_\_\_\_

Is it constant or experienced on and off? \_\_\_\_\_

Has this condition ever been treated by anyone else in past? If yes, when and by whom?

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**Show us where it hurts**



<b>R= Radiating</b>	<b>B= Burning</b>
<b>D= Dull</b>	<b>A= Aching</b>
<b>N= Numbness</b>	<b>S= Sharp/Stabbing</b>
<b>T= Tingling</b>	

**Health history**

Please list any surgeries or hospitalizations with dates: \_\_\_\_\_

Please list any past serious accidents with dates: \_\_\_\_\_

Please list any current or past medical condition (s): \_\_\_\_\_

What medications are you taking?

Do you smoke? Y or N \_\_\_# of packs/day

Drink Alcohol? Y or N \_\_\_# of drinks a week

Do you exercise? Y or N How often? \_\_\_\_\_

Do you take supplements? Y or N Which ones? \_\_\_\_\_

Any family history of diabetes, stroke, heart disease or cancer?

**Women only:**

Pregnant? Y or N

Nursing? Y or N

Birth Control? Y or N

Date of last menstrual Cycle \_\_\_\_\_

## Daily activities

Please identify how your current condition is affecting your ability to carry out activities that are routinely part of your life:

<b>Bending</b>	No Effect	Painful (can do)	Painful (Limits)	Unable to Perform
<b>Concentrating</b>	No Effect	Painful (can do)	Painful (Limits)	Unable to Perform
<b>Doing computer work</b>	No Effect	Painful (can do)	Painful (Limits)	Unable to Perform
<b>Gardening</b>	No Effect	Painful (can do)	Painful (Limits)	Unable to Perform
<b>Playing Sports</b>	No Effect	Painful (can do)	Painful (Limits)	Unable to Perform
<b>Shoveling</b>	No Effect	Painful (can do)	Painful (Limits)	Unable to Perform
<b>Sleeping</b>	No Effect	Painful (can do)	Painful (Limits)	Unable to Perform
<b>Watching TV</b>	No Effect	Painful (can do)	Painful (Limits)	Unable to Perform
<b>Carrying</b>	No Effect	Painful (can do)	Painful (Limits)	Unable to Perform
<b>Dancing</b>	No Effect	Painful (can do)	Painful (Limits)	Unable to Perform
<b>Dressing</b>	No Effect	Painful (can do)	Painful (Limits)	Unable to Perform
<b>Lifting</b>	No Effect	Painful (can do)	Painful (Limits)	Unable to Perform
<b>Pushing</b>	No Effect	Painful (can do)	Painful (Limits)	Unable to Perform
<b>Rolling Over</b>	No Effect	Painful (can do)	Painful (Limits)	Unable to Perform
<b>Sitting</b>	No Effect	Painful (can do)	Painful (Limits)	Unable to Perform
<b>Standing</b>	No Effect	Painful (can do)	Painful (Limits)	Unable to Perform
<b>Working</b>	No Effect	Painful (can do)	Painful (Limits)	Unable to Perform
<b>Climbing</b>	No Effect	Painful (can do)	Painful (Limits)	Unable to Perform
<b>Doing Chores</b>	No Effect	Painful (can do)	Painful (Limits)	Unable to Perform
<b>Driving</b>	No Effect	Painful (can do)	Painful (Limits)	Unable to Perform
<b>Sexual Activity</b>	No Effect	Painful (can do)	Painful (Limits)	Unable to Perform
<b>Reading</b>	No Effect	Painful (can do)	Painful (Limits)	Unable to Perform
<b>Running</b>	No Effect	Painful (can do)	Painful (Limits)	Unable to Perform
<b>Sitting to Standing</b>	No Effect	Painful (can do)	Painful (Limits)	Unable to Perform
<b>Walking</b>	No Effect	Painful (can do)	Painful (Limits)	Unable to Perform

Please mark P for in the Past, C for Currently have and N for Never

- |   |   |  |  |   |
|---|---|--|--|---|
| <input type="checkbox"/> Headache                           | <input type="checkbox"/> Pregnant (Now)         | <input type="checkbox"/> Dizziness       | <input type="checkbox"/> Prostate Problems     | <input type="checkbox"/> Heartburn            |
| <input type="checkbox"/> Neck Pain                          | <input type="checkbox"/> Frequent Colds/Flu     | <input type="checkbox"/> Loss of Balance | <input type="checkbox"/> Digestive Problems    |   |
| <input type="checkbox"/> Jaw Pain, TMJ                      | <input type="checkbox"/> Convulsions/Epilepsy   | <input type="checkbox"/> Fainting        | <input type="checkbox"/> Colon Trouble         | <input type="checkbox"/> High Blood Pressure  |
| <input type="checkbox"/> Shoulder Pain                      | <input type="checkbox"/> Tremors                | <input type="checkbox"/> Double Vision   | <input type="checkbox"/> Diarrhea/Constipation | <input type="checkbox"/> Low Blood Pressure   |
| <input type="checkbox"/> Upper Back Pain                    | <input type="checkbox"/> Chest Pain             | <input type="checkbox"/> Blurred Vision  | <input type="checkbox"/> Menopausal Problems   | <input type="checkbox"/> Asthma               |
| <input type="checkbox"/> Mid Back Pain                      | <input type="checkbox"/> Pain w/Cough/Sneeze    | <input type="checkbox"/> Ringing in Ears | <input type="checkbox"/> Menstrual Problem     | <input type="checkbox"/> Difficulty Breathing |
| <input type="checkbox"/> Low Back Pain                      | <input type="checkbox"/> Foot or Knee Pain      | <input type="checkbox"/> Hearing Loss    | <input type="checkbox"/> PMS                   | <input type="checkbox"/> Lung Problems        |
| <input type="checkbox"/> Hip Pain                           | <input type="checkbox"/> Sinus/Drainage Problem | <input type="checkbox"/> Depression      | <input type="checkbox"/> Bed Wetting           | <input type="checkbox"/> Kidney Trouble       |
| <input type="checkbox"/> Back Curvature                     | <input type="checkbox"/> Swollen/Painful Joints | <input type="checkbox"/> Irritable       | <input type="checkbox"/> Learning Disability   | <input type="checkbox"/> Gall Bladder Trouble |
| <input type="checkbox"/> Scoliosis                          | <input type="checkbox"/> Skin Problems          | <input type="checkbox"/> Mood Changes    | <input type="checkbox"/> Eating Disorder       | <input type="checkbox"/> Liver Trouble        |
| <input type="checkbox"/> Numb/Tingling arms, hands, fingers |   | <input type="checkbox"/> ADD/ADHD        | <input type="checkbox"/> Trouble Sleeping      | <input type="checkbox"/> Hepatitis (A, B, C)  |
| <input type="checkbox"/> Impotence/Sexual Dysfunction       |   | <input type="checkbox"/> Allergies       | <input type="checkbox"/> Ulcers                |   |

We invite you to discuss with us any questions regarding our services. The best health services are based on a friendly mutual understanding between provider and patient. Our policy requires payment in full at time of service, unless other arrangements have been made with the doctor. I authorize the staff to perform any necessary services needed during diagnosis and treatment. I also authorize the provider to release information required to process insurance claims.

**I understand the above information and completed this form correctly to the best of my ability**

\_\_\_\_\_

Signature

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Date

\_\_\_\_\_

Printed Name

# Informed Consent to Care

You are the decision maker for your health care. Part of our role is to provide you with information to assist you in making informed choices. This process is often referred to as “informed consent” and involves your understanding and agreement regarding the care we recommend, the benefits and risks associated with the care, alternatives, and the potential effect on your health if you choose not to receive the care.

We may conduct some diagnostic or examination procedures if indicated. Any examinations or tests conducted will be carefully performed but may be uncomfortable, depending on extent of condition.

Chiropractic care centrally involves what is known as a chiropractic adjustment. There may be additional supportive procedures or recommendations as well. When providing an adjustment, we use our hands or an instrument to reposition anatomical structures, such as vertebrae. Potential benefits of an adjustment include restoring normal joint motion, reducing swelling and inflammation in a joint, reducing pain in the joint, and improving neurological functioning and overall well-being.

It is important that you understand, as with all health care approaches, results are not guaranteed, and there is no promise to cure. As with all types of health care interventions, there are some risks to care, including, but not limited to: muscle spasms, aggravating and/or temporary increase in symptoms, lack of improvement of symptoms, burns and/or scarring from electrical stimulation and from hot or cold therapies, including but not limited to hot packs and ice, fractures (broken bones), disc injuries, dislocations, strains, and sprains. In addition, the literature recognizes an association between strokes and chiropractic manipulation of the cervical spine. With respect to strokes, there is a rare but serious condition known as an “arterial dissection” that typically is caused by a tear in the inner layer of the artery that may cause the development of a thrombus (clot) with the potential to lead to a stroke. The best available scientific evidence supports the understanding that chiropractic adjustment does not cause a dissection in a normal, healthy artery. Disease processes, genetic disorders, medications, and vessel abnormalities may cause an artery to be more susceptible to dissection. Strokes caused by arterial dissections have been associated with over 72 everyday activities such as sneezing, driving, and playing tennis.

Carotid and vertebral artery dissections are rare, with an annual incidence of 2.5 – 4 of every 100,000 people whether they are receiving health care or not. Patients who experience this condition often, but not always, present to their medical doctor or chiropractor with neck pain and headache. Unfortunately, a percentage of these patients will experience a stroke.

The reported association between visits to a chiropractor or a primary care physician and stroke is exceedingly rare and is estimated to be related in one in one million to one in two million visits.

It is also important that you understand there are treatment options available for your condition other than chiropractic procedures. Likely, you have tried many of these approaches already. These options may include, but are not limited to: self-administered care, over-the-counter pain relievers, physical measures and rest, medical care with prescription drugs, physical therapy, bracing, injections, and surgery. Lastly, you have the right to a second opinion and to secure other opinions about your circumstances and health care as you see fit.

I have read, or have had read to me, the above consent. I appreciate that it is not possible to consider every possible complication to care. I have also had an opportunity to ask questions about its content, and by signing below, I agree with the current or future recommendation to receive chiropractic care as is deemed appropriate for my circumstance. I intend this consent to cover the entire course of care from all providers in this office for my present condition and for any future condition(s) for which I seek chiropractic care from this office.

Patient Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent or Guardian: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Witness Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**REGARDING: X-ray/Imaging Studies**

**FEMALES ONLY:** Please read carefully and check the boxes, include the appropriate date, then sign below if you understand and have no further questions, otherwise see out receptionist for further explanation.

The first day of my last menstrual cycle was on \_\_\_\_/\_\_\_\_/\_\_\_\_

I have been provided a full explanation of when I am most likely to become pregnant, and to the best of my knowledge, I am not pregnant

By my signature below I am acknowledging that the doctor and or a member of the staff has discussed with me the hazardous effects of ionization to an unborn child, and I have conveyed my understanding of the risks associated with exposure to x-rays. After careful consideration I therefore, do hereby consent to have the diagnostic x-ray examination the doctor has deemed necessary in my case.

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Patient or Authorized person's Signature                      Date

\_\_\_\_\_ Witness Initials

\_\_\_\_\_  
Printed Name